

Sightbox equipment – rationale

Sightbox Sports brings together a range of adapted equipment to improve the activity levels, health and wellbeing of children and young people with a visual impairment. Alongside this, it also offers a myriad of opportunities for the pupils' of St Vincent's School to continue to develop ideas, generate lesson content and deliver this content through various methods of access technologies such as skype, podcasting and audio lesson plans.

Content and basic functioning:

视力盒主要包括以下器材

Sound ball – a simple piece of equipment which will enable fundamental movement and communication skills. Lesson plans have already started being developed which will enable the development of communication, mobility and orientation.

声音球，一个简单易用、支持基本运动和沟通功能的球。目前正在设计相关课程。课程的目的是促进学生的沟通力、运动能力和方向感。

Talking pedometer – assessing activity levels is essential. Not only will this record the number of steps taken by children during play or activities, but will also aid teamwork, communication and competition. Ideal for setting targets and measuring activity outcomes short and long-term.

有声报数器

运动指标的计量至关重要。这个器材不仅能记录孩子们玩耍和活动中的步数，也有助于促进沟通、相互竞争及团队合作，无论是从短期还是长期来看，它都是设立活动目标和测量活动结果的理想工具。

Talking stopwatch – included to support independence and will be used alongside group individual activities designed by St Vincent's pupils.

有声秒表

用来支持学生的独立自主性，可在圣文森特学校学生设计的小组及个体活动活动中使用。

Compact running line – a standalone piece of equipment which will allow children to run independently without the need of a sighted guide. Independent running will give many children and young people with VI a real sense of

independence, freedom and raise self-esteem. Linked closely with pedometers and talking stopwatches, this can be used for various activities.

紧凑跑步指引带

一款可以单独使用的设备，能帮助盲人孩子在没有他人帮助下独立跑步。跑步可以带给视力有缺陷的孩子们一种真实的独立性和自由，提高他们的自尊心。紧凑跑步指引带可与有声报数器及有声秒表配合，在多种活动中组合使用。

Tactile Boccia grid – a more complex piece of equipment which will support the delivery of many fundamental skills for VI children and young people including braille tracking, literacy and numeracy. Lesson plans and content are ongoing, designed by the pupils of St Vincent's School.

位置模拟盘

一款稍微复杂的仪器，可帮助视力有缺陷的儿童及年轻人发展多种基本技能，包括盲文识别、文字理解和计算能力。圣文森特学校的学生正在设计课程计划及课程内容。

Sleep shades and running tethers - added to support the delivery of reverse inclusion activities. In short, blind children playing and developing ideas alongside their sighted peers.

眼罩和跑步绳，用来使视力正常的人参加盲人活动。简单来说，盲人孩子与视力正常的同伴一起玩耍，一起扩展思路。

Sightbox Sports is not an exhausted list – its aim is to continue to offer opportunities for creativity and the development of lesson content and new products.